## **Activity Report**

#### **ESC COUNCIL FOR CARDIOLOGY PRACTICE**

FISCAL YEAR 2022 (APRIL 2021 TO MARCH 2022)



## Chairperson's Introduction



**Dr Marc Ferrini**Chairperson of the Council for Cardiology Practice 2020-2022

The two years of my mandate are ending

It has been a difficult time for all of us, confronted with the isolation and the impossibility of joining together, but all these vicissitudes did not prevent our Council from going on working.

Our different publications, surveys and webinars continued to strengthen the links from all our members and contribute to maintain our presence within the ESC community. We have been approached to participate in the ESC Guidelines' task forces, and to collaborate with other groups in joint operations such as webinars and publications.

The creation of our Task force in geriatric cardiology, driven by Luigina Guasti and the ambitious "Imaging project" developed by Stefano Nistri are some of our sources of satisfaction.

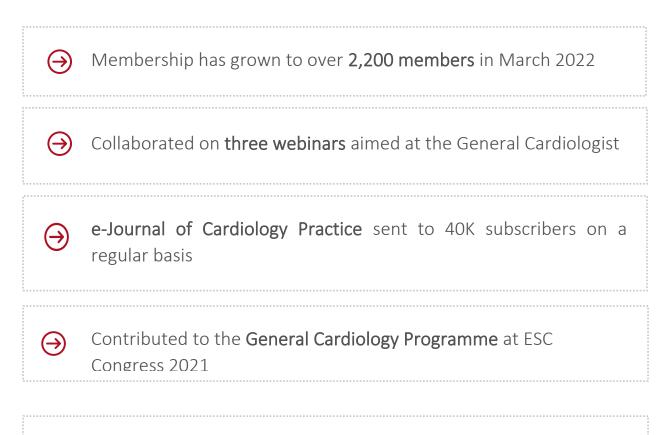
Finally, the project of our "new" journal promoted by Denis Clement is now starting and will represent one of our crucial projects during the next two years.

I hope we will meet again (at least!) during the next Barcelona congress to continue the discussion. I know that the next "team" to whom I pass now the torch will continue to keep the fire burning!

Thank you for your past and future contribution to our Council.

## Highlights from 2021-2022

Six Scientific Publications.



# Council for Cardiology Practice Nucleus 2020-2022



Marc Ferrini Chairperson



Ruxandra Christodorescu Chairperson-Elect



**Dimitrios Richter** *Past Chairperson* 



Luigina Guasti Secretary



Konstantinos Toutouzas Treasurer



**François Dievart**Communications Coordinator



**Stefano Nistri** *Liaison Officer* 



**Denis Clement** *Editor-in-Chief e-Journal of Cardiology Practice* 

### Membership

The Council aims to improve the standard of care in the clinical cardiology practice of office-based general cardiologists. As of March 2022, the Council's membership had grown to over 2,200 members.

The Council has continued to develop its social media activity via its *Literature Readings* project, shared via the Council for Cardiology Practice Facebook group. This consists of short, concise summaries of papers that have been selected by the Council Nucleus Members, with an aim to improving daily practice.



## Congresses

In 2021, the Council continued to contribute to the ESC Congress scientific programme by co-developing the special track 'General Cardiology for Physicians, Technicians and General Practitioners'. The track included these sessions:

- Meet the Experts: cardiomyopathies and sudden cardiac death
- Meet the Experts: thoracic aortic diseases a clinical appraisal for cardiology practice
- When and how to allow sport activities: a general cardiologist's perspective
- Are we following the 2018 ESC/ESH Guidelines on Management of Arterial Hypertension in Elderly Patients?

#### Education

#### E-Journal of Cardiology Practice



The E-Journal keeps professionals up to date with recent findings and techniques via an almost weekly email sent to subscribers. In 2022, there were over 40,000 subscribers to the e-Journal. Its success is attributed to the high quality of the submissions that cover a wide range of subjects, along with its visibility on social media.

During 2021-2022, the e-Journal published series on COVID-19, on electrophysiology, on prosthetic heart valves and on arterial hypertension.

#### Scientific Documents

During 2021-2022 the Council has been leading the development of the following scientific documents:

- Survey on e-health knowledge and usage in general cardiology of the Council of Cardiology Practice and the Digital Health Committee -> Published in the European Heart Journal Digital Health, April 2021
- Frailty in Cardiology: definition, assessment, clinical implications for general cardiology -> published in the European Journal of Preventive Cardiology. July 2021
- Late phase of COVID-19 pandemics: clinical implications for general cardiology -> published in ESC Heart Failure, June 2021
- > Survey on arterial hypertension management: A report from the ESC Council for Cardiology Practice and the ESC Council on Hypertension.

Published in European Heart Journal Open (2021), August 2021

The Council is also involved in the development of scientific documents lead by other ESC Councils as well as ESC Guidelines.

A joint project with EACVI is ongoing with the aim of educating general cardiologists in CCT and CMR report analysis. It will lead to two publications and two webinars.

#### Webinars

The Council developed the following webinars in 2021-2022:

Date	Title	Presenters	Host	Attendees
September 2021	Antithrombotic treatment in the elderly	Bruna Gigante Dimitrios Richter	Luigina Guasti	498
December 2021	Aortic stenosis treatment options - which therapy for which patient?	Stephan Windecker Dimitrios Richter	Alec Vahanian	572
January 2022	The acceleration in digital healthcare: challenges and barriers	Emma Svennberg Dimitrios Richter	Isabelle van Gelder	300





#### Research

The Council for Cardiology Practice conducts surveys within the ESC to understand today's management of cardiovascular diseases as well as the knowledge of, and compliance with the ESC Clinical Practice Guidelines by cardiologists throughout Europe.

In early 2022, the Council conducted a survey to understand how physicians are implementing the 2020 ESC Heart Failure Guidelines into daily practice. The results of the survey are under analysis.